

# *Chapter One*


## **Commit to Obey Whatever God Tells You**



**Psalm 119:133**

***“Direct my steps according to Your Word.  
Let no sin rule over me.”***

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 **Class Notes**

Ways to respond to God's commands by Joe Stowell

1. d \_\_\_\_\_
  2. d \_\_\_\_\_
  3. d \_\_\_\_\_
  4. d \_\_\_\_\_
  5. d \_\_\_\_\_
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Summarize what God has taught you in this lesson.


What have you learned about God in this lesson?

  **Advanced** - - - - -

Read Psalm 1.


a. List three conditions for being blessed in verse 1:

b. Describe this blessed man in verses 2, 3, 6:

c.  What do you delight in? What do think think most about?

d. What would devastate you if you lost it? Is it your relationship with God?

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Pray that you will trust God in every area of your life. 

*“One reason you choose to sin is because you love what you want more than you love God or more than you desire His glory. There are ‘other gods’ in your life.”*



## ☞ Day Two

**Pray that you will understand and obey God's Word.**

Write out our memory verse, Colossians 3:17, in the margin.

Then read Proverbs 3:1-8

1. What are the commands in verse 1?
2. What does it mean to keep God's commands in your heart?
3. In verse 2, what benefit(s) does God promise?
4. The qualities important to God in verse 3 are:
5. How do we know these are important to Him?
6. The New Living Translation (NLT) Bible says to wear these qualities like a necklace. What do you think is the significance of this word picture?
7. "Write them deep within your heart" means to you (v3):
8. Verse four has a great promise! When we obey verse one and three, what is the result?
9. List the 6 commands given in verses 5-7. Spend time thinking about each one. Circle two in which you need extra help from the Lord this week.
  - a.
  - b.
  - c.
  - d.
  - e.
  - f.

### 🌸 Digging Deeper

Take each of the above commands and pray them back to the Lord saying,

"Lord, I desire to \_\_\_\_\_. Please help me grow in the area."

Ask Him for wisdom to see your own weak areas and spiritual needs.



*In my heart*

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**"God wants our willing, cheerful, voluntary, obedience."**



❁❁ *Advanced* - - - - -

Read Proverbs 4:20-27. What is God saying to you?

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Read Proverbs 21:30

5. Where does this leave our carefully constructed plans?
6. Is this verse comforting or fearful to you? Why?

❁ *Digging Deeper* - - - - -

What do you learn about God's purposes from Isaiah 46:10-11

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Read 2 Timothy 1:7

7. What does God not give us?
8. What does He give us?
9. How can these tools He gives specifically help us as we desire to please Him in our homes?

❁ *Digging Deeper* - - - - -

According to 1 John 4:18, what drives out fear?

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Read Philippians 4:13

10. Where does your strength come from each day to obey God? Are you asking for help?

**“The power  
to be transformed  
is in authentic  
application  
of the Scripture.”**

-Beth Moore-



**“Disobedience  
springs from  
the worship of  
other gods.”**

-Elyse Fitzpatrick-



11. Will God command you to do something and then not help you?


Summarize what God has taught you in this lesson:

What have you learned about God in this lesson?

 **Advanced** - - - - -

List truths about God from Psalm 9.

Pray that you will not only hear, but do what God says. 

 **Day Seven**

**Pray that you will understand and obey God's Word.**

Write out our memory verse, Colossians 3:17, in the margin.

Then read Proverbs 14:1

Hopefully, we all want to be wise women. A wise woman is one who does things God's way. A foolish woman tears down her own home by following the ways of the world instead of obeying God's instructions that He gives in His Word. Remember that all of God's commands are for our good and that God's ways are perfect.

1. List some ways we might be tearing down our own homes.
  - a. Disrespect
  - b.
  - c.
  - d.
  - e.

So how do we build our homes? The next passage answers this question.

*“No sin, no matter how momentarily pleasurable, comforting or habitual is worth missing what God has for us.”*

*-Beth Moore-*



*In my heart*

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## Wife Survey

1=never 2=almost never 3=sometimes 4=usually 5=always

### 1. Commitment (Matt. 19:5-6)

A. I am committed to stay married, regardless of my feelings or any other circumstances, until we are separated by death.

1 2 3 4 5

B. My husband knows that I will never divorce him for any reason.

1 2 3 4 5

C. Next to my relationship with God, my relationship with my husband is the highest priority of my life.

1 2 3 4 5

D. I pray faithfully for my husband.

1 2 3 4 5

E. I help plan special times together for just the two of us regularly.

1 2 3 4 5

### 2. Serving (Galatians 5:13)

A. I put my husband's needs and desires ahead of my own.

1 2 3 4 5

B. I look for creative ways to please my husband.

1 2 3 4 5

C. I am content to serve, even when my husband doesn't seem to notice or appreciate my efforts.

1 2 3 4 5

### 3. Yielding Rights (Philippians 2:5-8)

A. I have yielded all my expectations concerning my husband to God.

1 2 3 4 5

B. I trust God alone to meet all of my physical, emotional, and spiritual needs.

1 2 3 4 5

C. I have yielded to God my "right" to my own time and independence.

1 2 3 4 5

### 4. Submission (Ephesians 5:22-24)

A. I willingly yield to my husband's authority in all things.

1 2 3 4 5

B. I communicate an *attitude* of submission, as well as *submissive actions*.

1 2 3 4 5

C. I seek my husband's counsel, rather than acting independently.

1 2 3 4 5

D. I am teaching our children, by my example and words, to honor and obey their father.

1 2 3 4 5

### 5. Forgiveness (Colossians 3:13)

A. I seek to resolve each conflict or misunderstanding as soon as possible.

1 2 3 4 5

B. I am quick to forgive my husband for his failures, offenses, or insensitivities.

1 2 3 4 5



"Serve one another in love."

-Galatians 5:13-



C. I refuse to bring up the past or to hold past failures against my husband.

1 2 3 4 5

6. **Humility** (Philippians 2:3)

A. I am quick to admit when I am wrong.

1 2 3 4 5

B. I am content not to have the last word.

1 2 3 4 5

C. I am willing to relinquish my "right" to be understood or to prove my point.

1 2 3 4 5

7. **Patience** (1 Corinthians 13:4)

A. I respond graciously to interruptions and irritations.

1 2 3 4 5

B. I am willing to overlook obvious imperfections in my husband.

1 2 3 4 5

8. **Sensitivity** (Titus 2:5)

A. I am sensitive to my husband's occasional desire to be alone or undisturbed.

1 2 3 4 5

B. I am sensitive to the best times to tell my husband negative news or to offer suggestions or constructive criticism.

1 2 3 4 5

C. I am aware when my husband needs encouragement and I know what to do in that situation.

1 2 3 4 5

9. **Purity** (Ephesians 5:3-4)

A. I keep my mind free from books, magazines, or entertainment that could stimulate fantasizing or thoughts that are not morally pure.

1 2 3 4 5

B. I dress modestly, drawing attention to the inner life of Christ, rather than to my physical appearance.

1 2 3 4 5

10. **Communication** (Ephesians 4:25,29)

A. I always tell my husband the truth.

1 2 3 4 5

B. I avoid sarcasm, hurtful remarks, and public criticism of my husband.

1 2 3 4 5

C. I speak words of encouragement and admiration to my husband.

1 2 3 4 5

D. I discipline myself not to interrupt or contradict when my husband is talking.

1 2 3 4 5

E. I know and speak my husband's love language.

1 2 3 4 5

11. **Kindness** (Ephesians 4:32)

A. I treat my husband as graciously as I would a guest.

1 2 3 4 5



"Love is patient."

-1 Corinthians 13:4-



"Be kind  
to one another."

-Ephesians 4:32-

